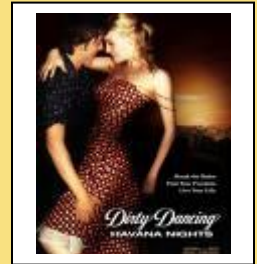


Weekend Dance Classes

Have you ever watched another couple dancing and thought,
“I wish I could do that”?

Have you wanted to salsa, waltz, swing, or just shake your booty at social occasions but lacked the confidence or training to get up and strut your stuff?

Our *specialty* is helping you, the beginner, to let loose *your* dancing spirit.



Singles Dancing:

Foxtrot & Swing / Salsa & Merengue

Even when learning, dancing brings people together for fun and companionship. The magic starts with the first dance. Dancing is an ideal way to make new friends as well as to escape the worries and pressures of life. These courses designed for singles, will teach you Foxtrot and Swing. A key focus will be the social etiquette of dance. If you've ever felt uncomfortable prior to the first dance with a new partner—and who hasn't—this class will address this issue. It will also explore starting a conversation with a new partner, how to tactfully say you don't want to dance anymore, and how ask your partner to change their dancing style to meet your needs without offending them.

Couples Dancing:

Foxtrot & Swing / Salsa & Merengue

Is it any surprise that dance rhymes with romance? This course will use ballroom dancing, Foxtrot and Swing, as way to increase the expressive and physical aspects of your relationship. Throughout these classes you will stay with your partner. The goal, through dance and discussion, will be to understand each other on a whole new level. A focus will be getting to read your partner's body language. This interconnects with the art of leading and following. The first step in any situation is deciding the best way to communicate with each other. We suspect that this interaction on the dance floor will translate into other facets of your life.



Saturdays: April 2 -23

Time: 6-7pm

Save \$5 per couple or Save \$3 when you bring a friend with you.

Tuition: \$60/person for 4 week series

Please pre-register by Feb 20th by calling 858-451-3775 or emailing dancemotionstudio@yahoo.com Location: Dance Motion Studios 12120 Alta Carmel Court, San Diego, CA 92128 www.dancemotionstudio@yahoo.com