

Dance Motion Studios

Intro to Swing Dance

E/C/Swing



Beginner Progressive Series

Class Starts February 1st

* 4 weeks Intro to Swing Dance * Monday at 8:00 pm *

No matter what you call it Boogie Woogie, Jitterbug, East Coast Swing - It All Swings!

All you need is your left & right feet, or at least know you have them. Partners never Needed.

You've seen it on TV, in the movies, or across the nation. Swing Is Still The King. And you can be part of it too. Each week we'll progress you with additional moves throughout each night. You'll learn new moves, patterns, combinations or just learn to do them better. Jump into some fun and be ready to tear up the dance floor in no time!

Danced to fast tempos of rock, swing, rockabilly, & blues with a good deal of kicks, turns, and energetic moves. A great building block for all swing styles and tons of fun to learn. This was originally done in the 1920s as a simpler form called East Coast Swing. As the dance has developed it has also taken to 8-count variations and swing outs similar to Lindy Hop, while keeping the original boogie woogie footwork.

What To Bring?

Wear comfy clothes, slide-able shoes (flat, felt, or leather bottoms).

Date/Time: Mondays from 8:00-8:45pm; **Student can join the class at any time.**

Location: Dance Motion Studios, 12120 Alta Carmel Court, Suite 410D, San Diego, CA 92128

Price: \$40/4 weeks/person; Drop ins: \$15/class/person. Registration: Must pre-register for this class, please call: (858) 451-3775 or email: DanceMotionStudios@yahoo.com

NO EXPERIENCE IS REQUIRED

NO PARTNER IS REQUIRED